



MEATCO

Namibia

VACANCY

WELLNESS PRACTITIONER

JOB GRADE: D1

LOCATION: WINDHOEK

Purpose of the Job

Meatco Namibia is seeking a highly qualified and experienced Wellness Practitioner to oversee the Health and Wellness function at our Windhoek operations. The incumbent will be responsible for managing the full scope of the Occupational Health and Wellness Clinic, ensuring compliance with all applicable health legislation, and driving proactive employee wellness programmes that support a healthy and productive workforce.

Qualifications & Experience

- Bachelor's Degree in Occupational Health, Nursing, or related field.
- Professional registration with the Health Professions Council of Namibia or an equivalent statutory body.
- Minimum of 5–7 years' proven experience in occupational health, wellness management, and clinic operations.
- In-depth knowledge of Namibian Labour, Health, and Safety legislation.
- Demonstrated leadership and supervisory capability.
- Expertise in occupational health and wellness practices.
- Excellent interpersonal, communication, and stakeholder engagement skills.
- Strong organisational, analytical, and problem-solving abilities.
- Ability to respond promptly and effectively to medical emergencies and workplace health risks.

Key Performance Areas

- Oversee and manage the operations of the Occupational Health & Wellness Clinic, including the supervision of the onsite Occupational Health Nurse.
- Plan, coordinate, and monitor all occupational health programmes, including pre-employment, periodic, and exit medical examinations, as well as medical screenings and surveillance initiatives, to ensure early detection and effective management of occupational health risks.
- Ensure compliance with all relevant Namibian occupational health, labour, and safety legislation, regulations, and best practice standards.
- Provide oversight and direction for the delivery of primary health services and ensure effective response to workplace medical emergencies.
- Design, implement, and evaluate employee wellness programmes that address physical, mental, and psychosocial wellbeing, with a focus on enhancing productivity and employee engagement.
- Advise and support management on workplace health risks, emerging trends, and preventative measures, while ensuring that informed decisions are made regarding occupational health and safety.
- Compile, analyse, and present regular reports and health statistics to management, highlighting key indicators, trends, and recommendations for continuous improvement in occupational health and wellness.

Please note that only short-listed applicants will be contacted. Suitable candidates from designated groups are encouraged to apply.

Please Submit Your CV and supporting documents to:
mrecruitment@meatco.com.na

CLOSING DATE

10 October 2025